

Paula Kotowicz
Counsellor



**Specialising in Eating Disorders,
Eating & Body Image Issues**

**Do you or someone you
love struggle with an eating
disorder or eating issues?**

**Do you long for freedom from
your issues, or freedom for
your loved one?**

**If this sounds like you,
I can help.**

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www.paulakotowicz.com



www.facebook.com/paulakotowiczcounsellor

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Eating & Body Image Issues**

Services

- Private Practice
 - Face-to-Face Consultations
– 90mins & 50mins
 - Skype, email or phone consultation
 - Food & Meal Therapy™
- Workshops for Carers
- Support Groups
- Eating Disorders Prevention Programs for Schools Nationwide
- Eating Disorders Prevention Programs for Parents Nationwide
- Corporate Well-being Programs Nationwide

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